NT Medical Specialist

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Patient Information – Admission to Darwin Private Hospital

Please find following information for your admission to Darwin Private Hospital for a procedure in theatre.

Date of admission:

Time of admission:

Fasting time: 6 hours prior to admission

Please ring pre-admissions nurse on 8920 6012.

On the day of admission, please attend the Reception desk at the hospital. This is necessary to complete any outstanding paperwork, pay any health fund excess if applicable and register your admission.

Reception will then direct you to the Day Surgery Unit on the first floor. You will be required to report to a Nurse or Theatre Reception where you will then go to a waiting room, from which a Theatre Nurse will call you to complete your medical history and take observations like blood pressure and body temperature.

Depending on your position on the Theatre list, there may be a wait involved before you are called and asked to change into a gown for your entry into Theatre.

After the procedure, you will be taken to recovery to wake up from the anaesthetic and sedation. Once awake and the Nursing staff are happy with your observations, you will either be allowed to move to the waiting area, or go home.

As you have had an anaesthetic and/or sedation, you should organise for someone to pick you up from the hospital, as you should not drive for 24 hours following an anaesthetic.

If you have any queries regarding the information provided, please do not hesitate to call our office on the telephone number above.